

THE WDMH FOUNDATION NEWSLETTER

2022 Issue 1

Thanks for your support!

AS WE MOVE INTO 2022, I want to say thank you to our local communities. Throughout the many challenges of the pandemic, we have heard, seen and felt your incredible support. We are grateful for your words of encouragement and your generous donations. As the WDMH team works hard to keep everyone safe, you have been there for us. Thank you for that!

The saying 'We're All in This Together' has never been more appropriate and I want to encourage everyone to keep following the provincial guidelines, get your vaccines if you haven't already, and stay safe.

Here's to a better year ahead for everyone!



Dr. Brian Devin
Chief of Staff
WDMH

Early Screening Saves Lives

IN THE ENDOSCOPY OPERATING ROOM at Winchester District Memorial Hospital (WDMH), there are rows of new equipment that are helping to save lives every day. Eight new colonoscopes and four new gastroscopes have been purchased – thanks to our generous donors. The total cost of the scopes was \$379,766.13!

An endoscopy is a procedure that allows the inside of the bowel and stomach to be examined for abnormalities. This procedure is done under sedation. A camera and light at the end of the scope allow for endoscopists to visualize all of this on a colour TV monitor. This equipment allows for screening, surveillance, and treatment of pre-cancerous lesions.



Operating Room Team Leader Joanne Pollock (left) and Dr. Malika Oberoi, Chief of Surgery in the Endoscopy Room with the new equipment.

“The care and generosity of our community has allowed us to increase our inventory of scopes, allowing us to do more procedures each day,” explains Operating Room Team Leader Joanne Pollock. “The new scopes are state-of-the-art technology that allow the surgeons to detect abnormalities more easily. Thank you to the wonderful WDMH Foundation donors who made this possible.”

“As always, we are incredibly grateful to all of our donors who made this equipment purchase possible. We simply wouldn't have equipment like this to care for our patients without our compassionate donors. Thank you to each and every one of you, including one anonymous donor who provided a very generous gift to support this project,” adds WDMH Foundation Managing Director Kristen Casselman.

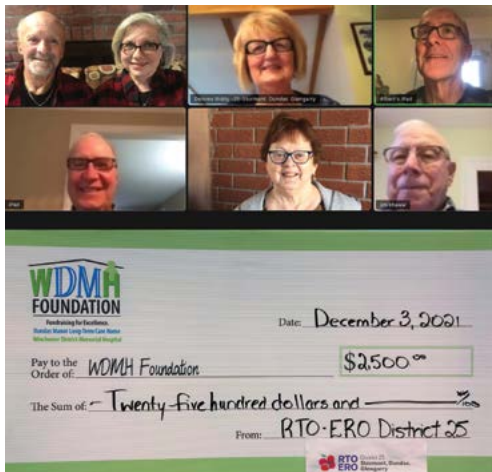
Thank you for caring!

Smiles Galore



THE RESULTS ARE IN, and all those extra calories have paid off. Thanks to our four local Tim's restaurants and all of you, \$10,882.20 was raised through the Smile Cookie Campaign. Donations will help to fund a new digital mammography machine.

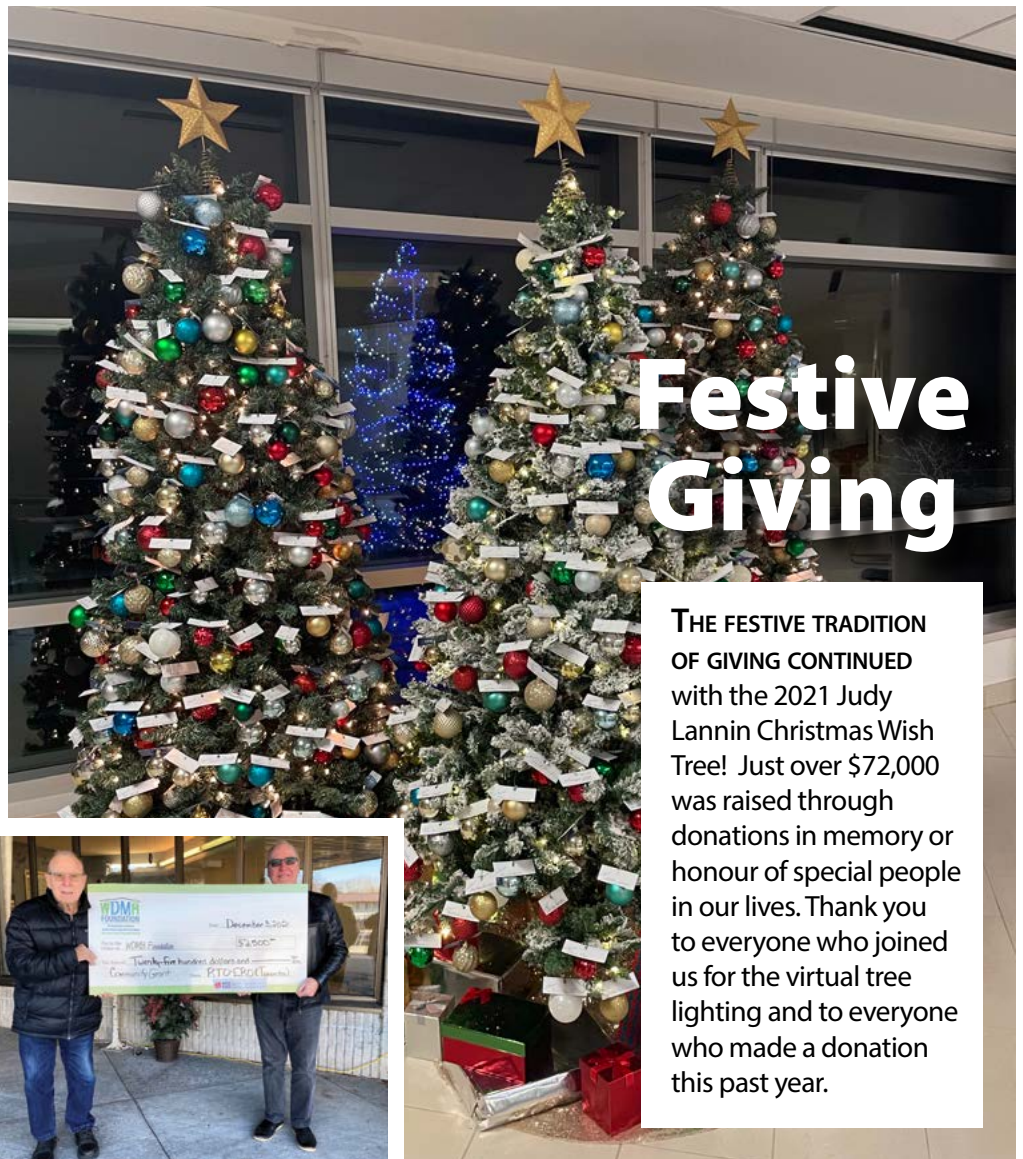
Retired Teachers Give Back



THE AMAZING TEAM AT RTOERO (Retired Teachers of Ontario) District 25 Stormont, Dundas & Glengarry had a vision to advocate for older adults to create a more secure and compassionate future for everyone. When they heard about the work being done at the WDMH Foundation to support health care and long-term care, they were all in. They applied for a \$2,500 RTOERO Community Grant and then matched the amount themselves.

"We care about the health of our local communities and are excited to support the work of the WDMH Foundation," noted local President Delores Biddy.

Thank you to the RTOERO!



Festive Giving

THE FESTIVE TRADITION OF GIVING CONTINUED with the 2021 Judy Lannin Christmas Wish Tree! Just over \$72,000 was raised through donations in memory or honour of special people in our lives. Thank you to everyone who joined us for the virtual tree lighting and to everyone who made a donation this past year.



Sisters Rock!

THE SISTERS FOR LIFE TEAM has been fundraising to fight cancer since 2013 – and 2021 was their biggest year yet! Despite COVID-19, the energetic

team continued fundraising, with online raffles and auctions; the Canadian Cancer Society virtual Relay for Life; and more. This year's event also included a matching gift campaign for the WDMH Foundation thanks to an anonymous donor who is a long-time resident of South Stormont.

The Sisters for Life team recently announced that they raised \$35,521.85 for cancer care in 2021. The WDMH Foundation is honoured to be receiving \$16,135.93 for the Digital Mammography Fund.

Thank you so much!

It Feels Good to Help

LOUISE AND ROB GALE say they hoped their donation to the WDMH Foundation would make others happy. What they didn't realize was that it would make them happy too. "We feel great that we were able to help our local community," says Louise.

Louise and Rob recently donated \$10,000 to the Foundation's Family Care Fund. It was their way of saying thank you for the care they have received. "We've used the hospital on several occasions," explains Louise. "When you walk in, it feels like home. The hospital team always gives 100% friendly assistance from the first welcome through the entire array of services they provide. We were happy to make this donation as the WDMH staff definitely deserve our support!"

"We are so grateful for donors like Louise and Rob," notes Erin Kapcala, the WDMH Foundation's Manager of Major and Planned Giving. "Their generosity will support care close to home for our local communities."



Your Will has the Power...

To leave an impact on everyone and everything that is important you!



THE WDMH FOUNDATION IS THRILLED TO PARTNER WITH WILL POWER™ (www.willpower.ca) TO HELP EDUCATE AND INSPIRE FELLOW CANADIANS about the emotional and financial benefits of leaving a gift in their Will to a registered charity such as the WDMH Foundation!

Studies show 31% of Canadians are interested in charitable gifts in their Will, but only 5% are leaving a gift in their Will to a charity. The WDMH Foundation along with Will Power™ is helping to spread the word about how easy it is to leave a gift in your Will and that doing so doesn't have to change your plans to support your loved ones. Your Will can do both. You can support your loved ones and Winchester District Memorial Hospital (WDMH) – you don't have to choose one over the other.

"Gifts in Wills are always special, and every amount has a significant impact. Leaving a gift to the WDMH Foundation in your Will is a wonderful way to leave a lasting legacy and contribution with no cost to you during your lifetime. By sharing your intention with us, we will ensure your gift will be used as you intend, and you can know the significant effect your gift will have. As a registered charity, your estate will receive a tax receipt for 100% of the amount of the gift – which can greatly help on your estate's final income taxes," shares Erin Kapcala, Manager of Major and Planned Giving.

A gift to the WDMH Foundation can be added to an existing Will. Just reach out to your legal advisor and ask about the simple process of adding a codicil to your current Will.

"Thank you to everyone who has already taken this compassionate step by including the WDMH Foundation in their Will. We are so grateful for your support," adds Kristen Casselman, Managing Director.



To learn more, visit the Will Power™ website. You can learn about gifts in Wills and get tips on estate planning or calculate your potential gift with the legacy calculator. You can also visit the WDMH Foundation's Planned Giving section on our website at <https://www.wdmhfoundation.ca/aboutplannedgiving> or contact Erin Kapcala, Manager of Major and Planned Giving at 613-774-2422 ext. 6769 or ekapcala@wdmh.on.ca

This information, obtained from various sources, is believed to be reliable, but its accuracy cannot be guaranteed. This information is not intended as legal, financial or tax planning advice. When considering any planned gift, you should always consult your professional advisors to determine the applicability for your specific circumstances.

A Great Tip

DID YOU KNOW that we can provide you with a consolidated receipt (as opposed to a receipt for each gift you give) at the end of each year? This means less paperwork for you, and you don't have to keep track of your receipts all year long. Plus, the Foundation saves money on postage and stationery costs. Please call 613-774-2422 ext. 6162 to request a consolidated receipt.

Board Opportunities

THE WDMH FOUNDATION is recruiting new members for its Board of Directors. Board members have a passion for health care and fundraising, and an understanding of our local communities. To learn more about this volunteer opportunity, please call Kristen Casselman at 613-774-2422 ext. 6169 or email kcasselman@wdmh.on.ca.

Louise Street

Clarence Street

Neighbourhood News



The WDMH Foundation is proud to be part of a caring community of health partners. Together with Winchester District Memorial Hospital, Dundas Manor Long-Term Care Home, and the Community Care Building, we are providing health care close to home for our local communities – from babies to seniors. And our local communities support us every step of the way. Here are some updates from our neighbours!

Exemplary Standing



CONGRATULATIONS TO THE WDMH TEAM! The hospital has received Accreditation with Exemplary Standing from Accreditation Canada.

WDMH has received this highest award for the third consecutive time. 99.3% of compliance standards were met and the survey team commended the WDMH team, noting "Your strength is your team. You have committed, compassionate, and caring staff and physicians. We see that in action." Congratulations!



Be Kind

KINDNESS IS ONE THING YOU CAN'T GIVE AWAY. It always comes back. Recently, the residents at Dundas Manor celebrated Kindness Day, with flowers and messages describing what kindness is. Here, resident Edna Tupper shares some great advice. At Dundas Manor, the team is committed to inspiring happiness and joy every day – and to always be kind!



Catch the Ace!

Join in the fun and try to catch the Ace of Spades! Thank you to the Kin Club of Russell for including the WDMH Foundation as one of the beneficiaries.

For all the details on this fun lottery, visit www.kinclubofrussell.ca.



Run for Our Smallest Loved Ones

FOR THE PAST SEVERAL YEARS, 'Charlee's Run' has brought families in Orillia, Ontario together to raise awareness for pregnancy and infant loss, offer support, and provide a way for families to remember the little ones that have been lost too soon. This year, we are pleased to announce that additional 1K and 5K runs are taking place in the Ferguson Forest in Kemptville - with proceeds going to WDMH's Family Birthing Unit. We are excited to be part of this special event and invite you to join us on May 7th! For details, please visit www.charleesrun.com.



Charlee's Run

Keep In Touch



Fundraising for Excellence.
Dundas Manor Long-Term Care Home
Winchester District Memorial Hospital

We'd love to keep in touch! You can help today by volunteering, hosting a fundraising event, or making a donation. Whatever you would like to do, we'd love to chat. Thank you!

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Visit our website to sign up for an online version of this newsletter!

Thank you to all our donors for your support!